



Massage	Price	Duration
Deep Tissue Massage	€ 75	60 mins
Deep tissue massage is a massage technique that's mainly used to treat musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.		
Deep Tissue Massage	€ 40	30 mins
Deep tissue massage is a massage technique that's mainly used to treat musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.		
Revitalizing & Detoxifying Massage	€ 65	60 mins
This personalized massage with essential oils will plunge you into a trance which you won't want to leave. Choose between citrus (revitalizing), floral or grounding (relaxing), and Detox (draining and detoxifying).		
Aromatherapy Massage	€ 90	90 mins
Do you have an hour and a half to treat yourself to the most relaxing experience? This Aromatherapy Massage is a 90-minute treatment delivered by our experienced therapist using luxurious products to sooth body and mind, tailor made to your specific wishes and needs. The scents and oils have been specifically selected to leave you stress-free and ready to conquer the world.		
Aromatherapy Massage	€ 75	60 mins
This Aromatherapy Massage is a 60-minute treatment delivered by our experienced therapist using luxurious products to sooth body and mind, tailor made to your specific wishes and needs. The scents and oils have been specifically selected to leave you stress-free and ready to conquer the world.		
Massage For Two	€ 150	60 mins
Share the experience of this 60-minute aromatherapy massage with your favourite person. This treatment is delivered by our experienced therapists using luxurious products to sooth body and mind. The scents and oils have been specifically selected to leave you both stress-free and revitalized. This treatment is held in separate rooms within AMIS day spa.		
Hot Stone Massage	€ 85	60 mins
The Hot Stone Massage is an extremely pleasant and relaxing experience. The use of basalt stones relaxes the muscles, calms, and regenerate. It is also the perfect treatment for regeneration after exercise. The skin also benefits from improved elasticity due to the acceleration of blood and lymph circulation whereby the body is cleansed of toxins. The pleasant warmth of the stones, calming ambiance and the smooth movement of the masseur perfectly relaxes and regenerates vitality.		



Hot Stone Massage for two

€ 170

60 mins

The Hot Stone Massage is an extremely pleasant and relaxing experience that is also great to experience as a couple or with a friend. The use of basalt stones relaxes the muscles, calms, and regenerate. It is also the perfect treatment for regeneration after exercise. The skin also benefits from improved elasticity due to the acceleration of blood and lymph circulation whereby the body is cleansed of toxins. The pleasant warmth of the stones, calming ambiance and the smooth movement of the masseur perfectly relaxes and regenerates vitality. This treatment is held in separate rooms within AMIS day spa.

Express Back Massage

€ 35

30 mins

The express back massage promotes a healthy back and posture and has been specifically designed to de-stress and loosen up your back in just 30 minutes.

Anticellulite Massage

€ 65

60 mins

This massage uses a draining massage technique and is based on specific detoxifying essential oils. Combined with exercise and a healthy diet it will nourish your skin, eliminate toxins, and contribute to a healthy overall appearance.

Body Exfoliation Ritual

€ 60

60 mins

This exfoliating salt treatment will detoxify your body and renew your skin cells. During this ritual your skin will be expertly exfoliated to remove dead skin promoting skin renewal. This will be followed by the application of a nourishing balm to restore softness to your skin.

Detox Seaweed Ritual

€ 90

90 mins

Let your entire body be wrapped up in our potion of detoxifying and slimming seaweeds. This ritual will benefit your body entirely and the effects can be felt both inside and outside. The wrap will be followed by a detox massage to increase the benefits of the seaweeds.

Indian Head Massage

€ 35

30 mins

A relaxing head, shoulder, and upper back massage. This massage is delivered with the client facing up using oils and creams with indulgent scents to relax and unwind. Ideal also for those who are uncomfortable facing down and for expectant mothers.

Aromatherapy Massage & Cleansing Facial

€ 100

90 mins

This 90-minute ritual is delivered by our experienced therapist using luxurious products to sooth body and mind. It is tailor made to your specific wishes and needs. The scents and oils have been specifically selected to leave you stress-free and ready to conquer the world. This treatment includes a deep cleansing facial with the application of a mask tailored to your individual needs.

Client Consultation

Free

5 mins