



AMIS Massage & Body Treatment Service List

Price

Duration

Express Back Massage

€ 35

30 mins

The express back, neck & shoulder massage promotes a healthy back, and posture and has been specifically designed to de-stress and loosen up your back in just 30 minutes.

Aromatherapy Massage

€ 90

90 mins

€ 75

60 mins

Aromatherapy Massage For Two

€ 150

60 mins

Treat yourself to the most relaxing experience. This Aromatherapy Massage is a 90 or 60 min indulgent treatment delivered by our experienced therapist using luxurious products to sooth body and mind. The therapist will tailor this massage your specific wishes and needs. All the oils and balms used are botanicals with aromatherapy extracts with scents specifically selected to leave you stress-free, relaxed and renewed. The 60 minute experience can also be shared with your favorite person In our couple massage cellar spa.

Deep Tissue Massage

€ 120

90 mins

€ 80

60 mins

€ 40

30 mins

Deep Tissue Massage For Two

€ 160

60 mins

Deep tissue massage is a massage technique that's mainly used to treat musculoskeletal issues, such as strains and sports injuries. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. This massage can be delivered in 90, 60 and 30 minutes. The 90-minute service is an extended massage aimed to give extra attention to areas of particular concern. The 30-minute service is personalised to target specific areas of concern. The 60 minute experience can also be shared with your favorite person In our couple massage cellar spa.

Foot Reflexology

€ 45

30 mins

Foot reflexology is a therapeutic technique based on the stimulation of the reflex zones on the feet. These reflex zones correspond to different parts of the body so by massaging them indirectly or reflexively, the organs, muscles or other parts of the body receive a healing stimulus.



Revitalizing & Detoxifying Massage € 65 60 mins
This personalized massage with essential oils will plunge you into a trance which you won't want to leave. Choose between citrus (revitalizing), floral or grounding (relaxing), and Detox (draining and detoxifying).

Sports Massage € 50 30 mins
€ 75 45 mins
Unlike the deep tissue massage, the sports massage is a manual manipulation of the muscles geared specifically toward helping people who have physically demanding lifestyles and/or hobbies. This kind of therapeutic massage considers the impact of certain activities on specific joints and muscle groups. For example, runners may need more work on their legs.

Pre Natal-Massage (possible only after week 12) € 70 50 mins
Massage therapy during pregnancy is especially beneficial for mothers-to-be, it firms the skin, removes tension in muscles, reduces stress and improves circulation. The Deluxe Mom & Baby Calendula & Lavender Oil, that is used for this massage has been specifically developed for this treatment. It is ideal for massages, for applying in the bath water of babies and for preventing skin stretch marks due to its nourishing and hydrating ingredients.

Hot Stone Massage € 85 60 mins
Hot Stone Massage For Two € 170 60 mins
The Hot Stone Massage is an extremely pleasant and relaxing experience. The use of basalt stones relaxes the muscles, calms, and regenerate. It is also the perfect treatment for regeneration after exercise. The skin also benefits from improved elasticity due to the acceleration of blood and lymph circulation whereby the body is cleansed of toxins. The pleasant warmth of the stones, calming ambiance and the smooth movement of the masseur perfectly relaxes and regenerates vitality. This treatment is also great to experience as a couple or with a friend.

Anticellulite Massage € 65 60 mins
This massage uses a draining massage technique and is based on specific detoxifying essential oils. Combined with exercise and a healthy diet it will nourish your skin, eliminate toxins and contribute to a healthy overall appearance.



Indian Head Massage

€ 35 30 mins

A relaxing head, shoulder and upper back massage. This massage is delivered with the client facing up using oils and creams with indulgent scents to relax and unwind. Ideal also for those who are uncomfortable facing down and for expectant mothers.

Aromatherapy Massage & Cleansing Facial

€ 110 90 mins

This 90-minute ritual is delivered by our experienced therapist using luxurious products to soothe body and mind. It is tailor made to your specific wishes and needs. The scents and oils have been specifically selected to leave you stress-free and ready to conquer the world. This treatment includes a deep cleansing facial with the application of a mask tailored to your individual needs.

Body Exfoliation Ritual

€ 60 60 mins

This exfoliating salt treatment will detoxify your body and renew your skin cells. During this ritual your skin will be expertly exfoliated to remove dead skin promoting skin renewal. This will be followed by the application of a nourishing balm to restore softness to your skin.

Detox Gold Marine & CryoSlim Wrap Ritual

€ 120 90 mins

Let your entire body be wrapped up in our potion of detoxifying and slimming seaweeds. This ritual includes a detoxifying and lymphatic drainage massage followed by two intensive wraps. The truly luxurious Germaine de Capuccini nourishing golden algae wrap is stimulating and a unique spa experience. The gold is healing elixir since centuries and helps to detoxify, and moisturize. The result is your skin become fresher and softer. Combining this wrap with the cryoslim wrap helps to aid circulation and detoxify. This is a cooling solution used as a cold body wrap. Lightly. It contains menthol and camphor, which are known to increase blood circulation and to promote the release of toxins. This treatment has to be booked at least one hour before to ensure the best results.

Targeted Body Scrub

€ 35 30 mins

This exfoliating treatment will detoxify your body and renew your skin cells. During this ritual your skin will be expertly exfoliated to remove dead skin promoting skin renewal. This will be followed by the application of a nourishing balm to restore softness to your skin. This particular service lasts 30 mins and is not a full body but targeted towards specific areas of concern.

Massage add-on : Skin Prep Body Scrub

€ 25 20 mins

Recommended for even deeper skin penetration of the oils used during the massage as well as the ideal treatment to remove all over dead skin promoting healthy skin renewal. This service can only be purchased as an add-on to any massage treatment.