



**At AMIS we have carefully created a package of services to offer you a pampering experience from head to toe. Just like a menu for your body and soul, choose the gift of well-being for yourself or your loved ones. Here is our SOOTHING PACKAGE.**

## **HAIR**

**REBALANCE SCALP SCRUB  
AND  
BLOW DRY OR CLASSIC MAN HAIR CUT**



## **Face and Body**

*Choose one of these treatments*

**BACK IN BALANCE BACK TREATMENT  
OR  
HOT OIL SCALP AND FOOT MASSAGE  
OR  
SO RELAXING! LIFTING & REJUVINATING FACIAL MASSAGE**



## **Hands & Toes**

*Choose one of these treatments*

**NOURISHING & HYDRATING MANICURE  
OR  
NOURISHING & HYDRATING PEDICURE**

**SOOTHING PACKAGE, 1 ¾ hours of self-care @ €100 per person  
Complete the experience with an Optional Platter & Glass of Prosecco @ €20 per person.**



## TREATMENT DESCRIPTIONS

### **REBALANCE SCALP SCRUB** 10 mins

Using products crafted from Certified Organic plant ingredients this scrub is infused with volcanic clay-rich Hawaiian Red salt, to gently cleanse, purify and act as a gentle exfoliator to remove impurities and flaking from the scalp. Peppermint Oil stimulates blood flow for healthy hair regrowth, exhilarates the senses and together with Tea Tree Oil provides relief to any sensitivity. Together with a comforting head massage this treatment delivers a sensational experience. This is followed by a blow dry or a man's haircut.

### **BACK IN BALANCE BACK TREATMENT** 30 mins

The back in balance treatment is a massage that is specifically designed to promote a healthy back, and posture. It is fundamental to de-stress and loosen up tension in your back, neck and shoulder in just 30 minutes.

### **HOT OIL SCALP AND FOOT MASSAGE** 30 mins

This treatment begins at the top, with a relaxing aromatherapy oil-infused scalp, head and neck massage, and then grounds you with a lower leg and detailed foot massage. This treatment features warm aromatherapy infused oils and a hot towel foot wrap.

### **SO RELAXING! LIFTING & REJUVINATING FACIAL MASSAGE** 30 mins

This relaxing facial promotes relaxation, improves facial circulation, reduces puffiness, and stimulates collagen production. The facial massage and lifting techniques employed will leave you with skin that is looking radiant and rejuvenated, refreshed, and revitalized.

### **NOURISHING & HYDRATING MANICURE OR PEDICURE** 30 mins

This treatment includes cuticle care combined with a dry shaping manicure. This is followed by a scrub to gently exfoliate, a nourishing and hydrating mask for hand or foot and a massage to promote healthy circulation.

**When booking your package kindly advise your preferred treatment from the options listed. All treatments within this package need to be consumed on the same day. Package is to be utilized within 1 year of date of purchase. Treatments need to be booked by calling AMIS on +356 2798 8376 and are subject to availability. All treatments are performed at AMIS, 17, Triq it-Tezorerija, Valletta.**