



AMIS

D'ELLE
HAIRDRESSING

FACIALS

Deep Cleansing Personalised Facial, €70, 55 mins

Specifically targeted to deep cleanse your skin by removing toxins and pollution. Tailored to your individual needs and ideal for those starting a new treatment programme or in between seasons.

Firming & Rejuvenating Eye Contour, €40, 30 mins

Nourishing and anti-oxidizing to ease puffiness and minimize dark circles, wrinkles and fine lines. The combination of plant-based ingredients decongests, regenerates, and moisturises for younger more relaxed eyes. Can also be added on to any facial.

Herbelia Gluconolactone Peel Facial, €90, 60 mins

A brighter, smoother and more toned face can be easily achieved thanks to the delicate action of gluconolactone, chemical exfoliants that work by breaking the bonds between epidermal cells. Glycolic acid penetrates deeper into the skin due to their smaller molecular structure. For this reason, they are considered less irritating, ideal for sensitive skin and do not induce sensitization phenomena. A great treatment for improving skin tone, diminish the appearance of wrinkles for renewing and exfoliating. Depending on specific needs this is recommended as a programme of 6 sessions with 2 weeks in between each session.

Cleansing Facial & Aromatherapy Massage, €110, 90 mins

This 90-minute relaxing massage ritual is delivered using luxurious products based on aromatherapy tailor made to your specific preferences and needs. Curated to leave you stress-free and includes a nourishing facial for the ultimate in recovery and rejuvenation.

AMIS Skin Elements Facials with Herbelia

The Innovative Herbelia system innovates on the skin-friendly lipidomics and a high concentration of active ingredients to plump, moisturise and address major skin concerns, using a patented Handology system. 100% vegan & cruelty free.

Skin Elements Individual Treatment, €80, 75 mins

A professional facial protocol based on lipidomics: it is global, because it can be used on all skin types, and it is specific because it can be customized based on blemishes. Specifically targeting one of these concerns; Brightening, Anti-Ageing, Sensitivity & Redness or Hydrating.

Skin Elements Facial Programme, € 360, 6 x 75 mins

Six 75-minute facial sessions targeting your specific skin concerns. The journey starts with a Deep Cleansing Facial, followed with 5 facials from the Herbelia range with guaranteed results even from the first application. T&C: Programme must be utilised within 6 months from first session to maximize its benefits. Convenient payment plan with four easy installments. Cannot be used in conjunction with any other offer.

Facial Treatments Add-ons

Microdermabrasion, €10, +10 mins

Firming & Rejuvenating Eye Contour, €25, +15 mins

Hand Spa Rejuvenating Treatment, €5

Foot Spa Rejuvenating Treatment, €5





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MASSAGE

Aromatherapy Relaxing Massage | €75, 60 mins | €90, 90 mins

A relaxing massage technique performed using organic massage oil infused with aromatherapy essentials designed to leave you stress-free, relaxed and renewed.

Deep Tissue Massage | €80, 60 mins | €120, 90 mins

A massage technique that applies sustained pressure using slow, deep stroked to target the inner layers of muscles and connective tissues. The 60 minute is a full body whilst the extended 90 minute service gives extra attention to areas of particular concern.

Sports Massage | €75, 45 mins

The sports massage is a manual manipulation of the muscles geared specifically toward people who have physically demanding lifestyles and/or hobbies. This therapeutic massage considers the impact of certain activities on specific joints and muscle groups.

Revitalising & Detoxifying Massage | €75, 60 mins

This invigorating massage is designed to increase circulation, and stimulate natural detoxification with special attention to the abdominal area. It is important not to eat at least one hour before and to drink plenty of water to assist in flushing out toxins.

Lymphatic Massage with Peppermint & Eucalyptus | €75, 60 mins | €90, 90 mins

This massage technique focuses on lymph nodes to reduce puffiness, water retention and address joint pain and inflammation to enhance detoxification, hydration, and to support overall health. Peppermint and eucalyptus enhance this experience. Cold stone therapy is also added to this treatment when it is necessary to support the process.

Therapeutic Manual Massage with Bamboo Rods | €80, 60 mins

This unique massage harnesses the strength of bamboo for a harmonious blend of relaxation and muscle tension relief. The use of bamboo rods releases the deepest knots, improves circulation, and offers relief from other muscular injuries and soreness.

Pre Natal-Massage (possible only after week 12) | €70, 50 mins

A pre-natal massage firms the skin, removes tension in muscles, reduces stress and improves circulation. The essential oil used for this massage has been specifically developed for this treatment due to its nourishing and hydrating ingredients.

Aromatherapy Massage & Botanical Facial | €110, 90 mins

This combined treatment will leave you stress-free, revitalized and reinvigorated. It is delivered using luxurious products to sooth body and mind and is tailor made to your specific wishes and needs. This treatment also includes a soothing facial with the application of a bespoke mask to address your skin concerns.

Massage Therapy Add-ons

Indian Head Massage, €35, 30 mins

Foot Reflexology, €45, 30 mins

Body Exfoliation Scrub, €35, 30 mins



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MADERO-THERAPY

Maderotherapy Body Sculpt & Tone Massage

Transform your body naturally with Wood Therapy! This ancient technique uses wooden tools to contour, tone and rejuvenate. Wood Therapy, also known as Maderotherapia, originated in ancient oriental cultures and was perfected in Colombia. Specialised wooden tools are used to massage your body. This treatment combines the power of Brazilian Lymphatic Drainage Massage with Colombian wood therapy for maximum natural detoxing, wellness & body shaping benefits. This stimulates lymphatic drainage, breaks down fat deposits and boosts blood circulation working to smooth & remodel the skin whilst enhancing shape.

Maderotherapy Benefits

- Sculpts and shapes the body
- Improves the appearance of cellulite
- Firms & Tightens the Skin
- Improves Blood Circulation
- Enhances Lymphatic Drainage

Maderotherapy Upper Body, €70, 45 mins

Maderotherapy Lower Body, €70, 45 mins

Maderotherapy Bum Lift, €50, 30 mins

Maderotherapy Full Body, €110, 90 mins

Remodeling Sculpt & Tone Maderotherapy package.

Pay for 5 sessions and get the 6th session for free. We recommend spacing treatments apart at least weekly.



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BROWS

Eyebrow Trimming & Shaping, €10, 10 mins

Eyebrow Waxing, €5, 10 mins

Eyebrow Threading, €5, 10 mins

Eyebrow Tint, €10, 15 mins

An eyebrow tint lasts for a maximum of one week depending on skin type.

Henna Eyebrow Tint, €18, 20 mins

A henna eyebrow tint lasts much longer than a regular eyebrow tint. The henna color can stay on the surface of the skin for between 3 to 4 weeks depending on the skin type.

Eyebrow Shaping with Lamination, €45, 45 mins

Straightening and lifting your natural brow hairs to your desired shape, therefore covering any gaps and keeping the hairs in place. Lasts between 3 to 5 weeks.

LASHES

Eyelash Tint, €15, 20 mins

Eyelash Lift, €45, 45 mins

WAXING

Full Legs, €18, 30 mins

Half Legs, €10, 20 mins

Brazilian, €22, 30 mins

Bikini Line, €15, 20 mins

Full Arms, €15, 30 mins

Half Arms, €10, 20 mins

Underarms, €7, 10 mins

Tummy or Lower Back, €12, 15 mins

Chest or Back, €25, 30 mins

Eyebrows, €5, 10 mins

Upper Lip, €4, 5 mins

Chin or Sideburns or Sides of Face, €5, 10 mins

Full Face (includes eyebrows, side of face, upper lip & chin, €18, 20 mins)

THREADING

Eyebrows, €7, 10 mins

Upperlip, €5, 10 mins

Chin or Sideburns or Side of Face, €7, 30 mins

Full Face, €24, 30 mins

NAILS

Manicure, Clean up, Filing, Cuticle, Shaping & Polish, €25, 30 mins

Pedicure, Clean up, Filing, Cuticle, Shaping & Polish, €25, 30 mins

Full Pedi, Soak & Heel Scrub, Clean up, Filing, Cuticle, Shaping & Polish, €40, 60 mins

MAKE UP

Occassion Make-Up, €40, 45 mins

Occassion Lashes, €10

