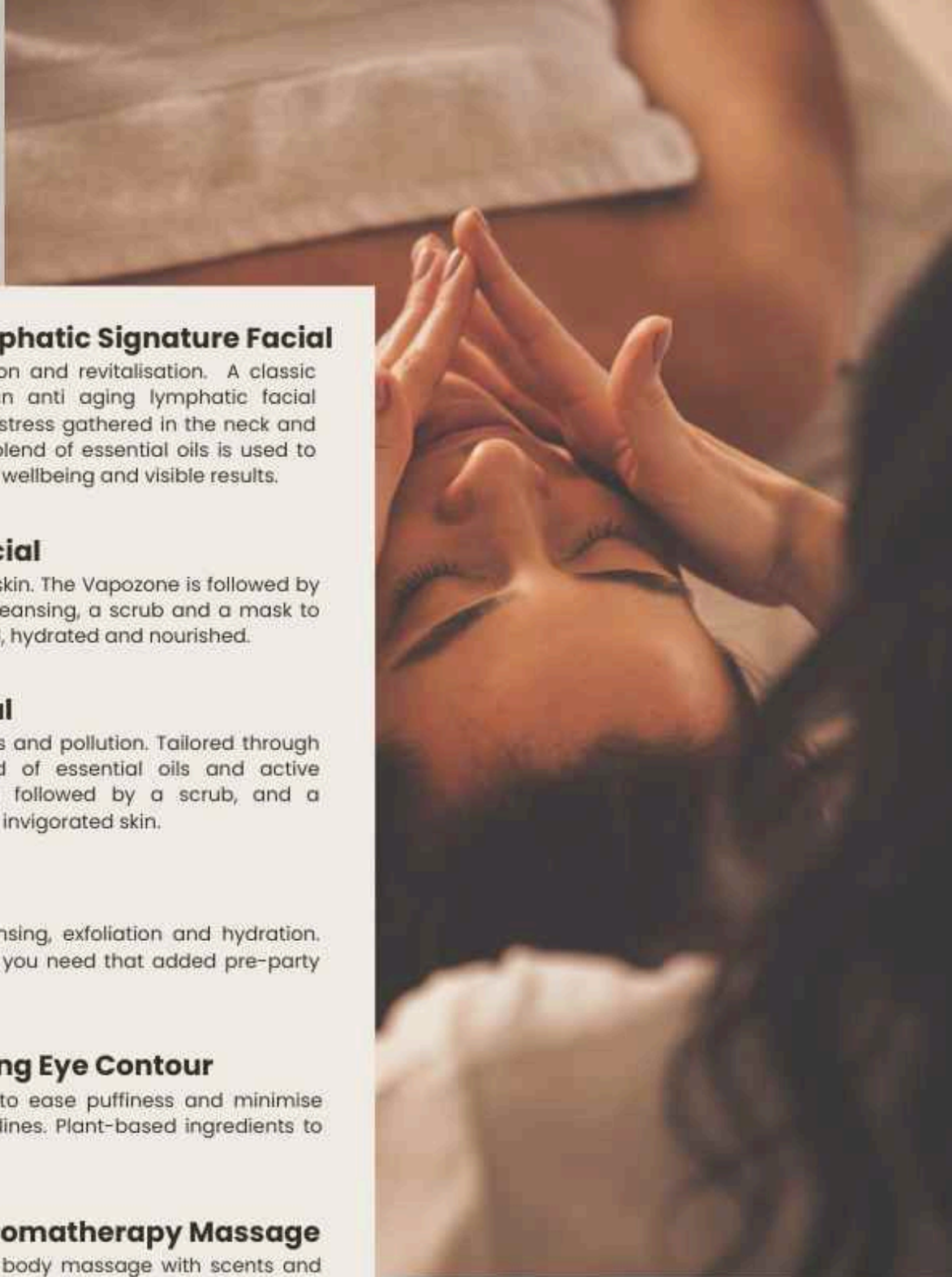




VALLETTA
WELLNESS &
BEAUTY
BOOK





AMIS Botanical & Lymphatic Signature Facial

For deep nourishment, relaxation and revitalisation. A classic facial that is followed with an anti aging lymphatic facial massage that targets also the stress gathered in the neck and shoulder area. Our signature blend of essential oils is used to further detoxify & defuff for total wellbeing and visible results.

60 minutes | €70

Personalised Man Facial

Specifically designed for male skin. The Vapozone is followed by manual extractions for deep cleansing, a scrub and a mask to leave your skin deeply cleansed, hydrated and nourished.

60 minutes | €70

Deep Cleansing Facial

Addressing the effects of toxins and pollution. Tailored through the use of a bespoke blend of essential oils and active ingredients. The Vapozone is followed by a scrub, and a hydrating mask for radiant and invigorated skin.

60 minutes | €70

Express Facial

A quick boost for expert cleansing, exfoliation and hydration. Perfect if time is an issue and you need that added pre-party prep or post-party glow.

30 minutes | €40

Firming & Rejuvenating Eye Contour

Nourishing and anti-oxidizing to ease puffiness and minimise dark circles, wrinkles and fine lines. Plant-based ingredients to decongest & regenerate.

30 minutes | €40

Cleansing Facial & Aromatherapy Massage

An aromatherapy relaxing full body massage with scents and oils specifically selected to leave you stress-free, including lavender, ylang lang & lemon. This treatment includes a 30 minutes nourishing facial that includes a bespoke mask.

90 minutes | €110

Skin Tightening Face & Neck Massage

A sculpting face and neck massage with lymphatic drainage to de-puff, lift and boost circulation. This rejuvenating ritual firms the skin, enhances contour and restores a youthful, radiant glow.

30 minutes | €40

LUXURIOUS
FACIALS TO
SOOTH BODY
MIND & SOUL

Facial Add-On Services

Firming & Rejuvenating Eye Contour, +15 minutes | €25

Hand / Foot Spa Rejuvenating Treatment, +5 minutes | €5

Back, Neck & Shoulder Stress Relief +30 minutes | €30

Facial Client Consultation, +10 minutes | FREE





TARGETED & RESTORING ACTIVE FACIALS

A results-driven, fully customised facial using advanced lipidomics, botanical actives, and the patented hands-only technique to hydrate, brighten, soothe, and restore skin vitality.

Restoring & Rebalancing Active Facial Programme

Unveil radiant, rejuvenated skin with our premium facial package—6 tailored 60-minute facials for €350 (worth €420). Begin with a deep cleanse session, followed by 5 Active Personalised treatments customised to your skin's needs. The high concentration of active ingredients guarantee results even from the first application.

T&Cs: Valid for 6 months from first session. Payment available in 4 installments. Not combinable with other offers or schemes.

6 x 60 minutes | €350

Brightening

The skin friendly lipid uses a pulling oil to make way for the pure and highly concentrated Land Serum. This serum activates arbutin and vitamin C to target dullness and pigmentation for a clearer more radiant complexion.

60 minutes | €75

Anti Ageing

The skin friendly lipid uses a pulling oil to make way for the pure and highly concentrated Air Serum. This serum activates the high antioxidant power of vitamin E, niacinamide & superoxide dismutase enzymes to soften fine lines and boost collagen for firmer, smoother skin.

60 minutes | €75

Sensitivity & Redness

The skin friendly lipid uses a pulling oil to make way for the pure and highly concentrated Fire Serum. This serum activates the properties of aloe, glycyrrhetic acid and bisabolol to calm irritation and strengthen the skin's barrier for comfort and balance.

60 minutes | €75

Hydrating

The skin friendly lipid uses a pulling oil to make way for the pure and highly concentrated Water Serum. This serum activates the properties of low molecular weight hyaluronic acid to penetrate deeply to restore moisture and plump the skin for a fresh, dewy glow.

60 minutes | €75

Facial Add-On Services

Firming & Rejuvenating Eye Contour, +15 minutes | €25

Hand / Foot Spa Rejuvenating Treatment, +5 minutes | €5

Back, Neck & Shoulder Stress Relief +30 minutes | €30

Facial Client Consultation, +10 minutes | FREE





Calming Massage with Aromatherapy

Choose Calming for deep relaxation with Lavender, Chamomile, and Bergamot.

30 mins, €40 | 60 mins, €75 | 90 mins, €90 | 60 mins
Massage for Two, €150

Revitalizing Massage with Aromatherapy

Choose Revitalising to awaken your senses with Mint, Lemon, and Rosemary.

30 mins, €40 | 60 mins, €75 | 90 mins, €90
60 mins Massage for Two, €150

Inner Balance Massage with Aromatherapy

Choose Inner Balance with Tea Tree, Geranium, and Sandalwood

30 mins, €40 | 60 mins, €75 | 90 mins, €90
60 mins Massage for Two, €150

Deep Tissue Massage with Aromatherapy

Experience the therapeutic benefits of a Deep Tissue massage with Rosemary, Lavender, and Eucalyptus

30 mins, €45 | 60 mins, €80 | 90 mins, €120
60 mins Massage for Two, €160

Lymphatic Massage with Aromatherapy

Detoxify with our Lymphatic Massage using Pompelmo, Cypress, and Lemon to promote circulation and renewal.

30 mins, €40 | 60 mins, €75 | 90 mins, €90
60 mins Massage for Two, €150

Aromatherapy Massage with Botanical Facial

An aromatherapy relaxing full body massage with scents and oils specifically selected to leave you stress-free, including lavender, ylang lang & lemon. This treatment includes a 30 minutes nourishing facial that includes a bespoke mask.

90 mins, €110

60 mins Massage for Two, €220

Massage Add-On Services

Chakra Points Stress Relief Head Massage, +10 minutes | €10

Indian Head Massage, +30 minutes | €35

Foot Reflexology, +30 minutes | €40

Full Body Exfoliation, +30 minutes | €30

Aromatherapy Facial, +30 minutes | €40



AROMATHERAPY
MASSAGE
HEALING SCENTS &
SOOTHING TOUCH

Experience the art of healing with our Aromatherapy Massage Collection, designed to restore balance, vitality, and deep relaxation. Our treatments combine expert massage techniques with carefully blended essential oils for enhance your well-being.





SPECIALISED MASSAGE THERAPY

Our specialised massage therapy uses expert techniques to relieve tension, restore balance, and support your body's natural healing.

Deep Tissue Massage

A sustained pressure massage technique using slow, deep strokes to target the inner layers of muscles. Ideal to relieve chronic muscle tension & pain, improve posture & flexibility and aid muscle recovery and injury prevention.

30 mins, €45 | 60 mins, €80 | 90 mins, €120

60 mins Massage for Two, €160

Sports Massage

The sports massage is a manual manipulation of the muscles geared specifically toward helping people who have physically demanding lifestyles and/or hobbies.

30 mins, €50 | 60 mins, €75

Lymphatic & Detoxifying Massage

Designed to increase circulation, and stimulate natural detoxification with special attention to the abdominal area. Ideal to energise the body and mind, improve skin tone and elasticity and reduces water retention and bloating for an overall sense of wellbeing.

30 mins, €40 | 60 mins, €75 | 90 mins, €90

Hot Stone Massage

To deeply relax muscles and relieve tension. This is an excellent treatment to reduce stress & anxiety as well as to enhance sleep quality and overall wellbeing.

60 mins, €80 | 90 mins Massage for Two, €160

90 mins, €120. 90 mins Massage for Two, €240

Personalised Therapeutic Full Body Massage

A deeply restorative treatment tailored to your body's unique needs. This massage combines expert manual techniques with specialised massage tools to relieve tension, enhance circulation, and promote balance throughout the body. Ideal for those seeking both relaxation and targeted therapeutic benefits.

60 mins, €85 | 90 mins, €120

Back & Neck Stress Relief Wellness Package 5+1.

Take 30 minutes for your well-being. Regular treatments help prevent pain, improve posture, mobility and flexibility, and reduce stress.

A perfect package for overall wellness and a quick escape from daily demands.

T&Cs: Valid for 3 months from first session. Payment in 5 installments. Not combinable with other offers or loyalty schemes.

6 x 30 minutes | €200





SPECIALISED MASSAGE THERAPY

Our Specialised Massage Therapy, engages expert techniques to relieve tension, restore balance, and enhance well-being. Whether you need deep relief, gentle detoxification, or energy alignment, our tailored treatments are designed to support your body's natural healing process.

→ Soothing massages

AMIS Workplace On-site Massage Package - We come to you !

Boost staff wellbeing with 15-20 minute on-site chair massages.

Helps to relax and energise your team, increase productivity, and show appreciation.

Targets back, shoulders, neck, and arms—ideal for office strain.

Contact us for more info.

hello@amis.mt

Mum To Be Pre Natal Massage (possible only after week 12)

To firm the skin, relieve tension in muscles, reduce stress and improve circulation. Calendula & lavender oil, is used specifically for this massage for its nourishing and hydrating properties.

60 mins, €70

Back, Neck & Shoulder Stress Relief Massage

The express back, neck & shoulder massage promotes a healthy back, and posture and has been specifically designed to de-stress and loosen up your back in just 30 minutes.

30 mins, €40

Indian Head Massage / Tension Relief

AA relaxing, pressure-point massage for the head, neck, shoulders, and upper back to ease tension, relieve headaches, and calm the mind—performed face-up, ideal for expectant mothers and those who prefer not to lie face down.

30 mins, €35

Foot Reflexology

Based on the stimulation of the reflex zones on the feet that correspond to different body parts. Directly massaging these points provides a healing stimulus to the organs, muscles or other parts of the body.

30 mins, €40

Neck, Shoulder & Upper Back Chair Massage

This massage is performed fully clothed using the massage chair for a quick treatment to relieve tension from the neck, shoulders & upper back. 20 minutes for your health & wellbeing.

20 mins, €25

Massage Add-On Services

Body Exfoliation Scrub, +30 minutes | €30

Express Facial, +30 minutes | €40





SCULPTING & EXFOLIATING BODY TREATMENTS

The ultimate body care experience—mineral-rich treatments, exfoliation, and body contouring to detoxify, sculpt, boost circulation, and restore.

skulptur
HERBELIA

Body Exfoliation Scrub

Exfoliation is essential to promote skin cell renewal, detoxification and better product absorption whilst enhancing circulation for deeply nourished, softer and radiant skin.

30 minutes | €35

Back Deep Cleansing Treatment

A purifying treatment to deeply cleanse and refine the skin on your back. Includes exfoliation, steam, extractions, and a mask to smoothen and remove impurities. Ideal for achieving clear, refreshed, and healthy-looking skin in those hard-to-reach areas. The 60-minute treatment includes a tension release relaxing massage.

30 minutes | €40. 60 minutes | €75.

Skulptur: Reshape, Detox, Lose inches & Tone - Naturally

A revolutionary body contouring program designed to fight cellulite, reduce water retention, and support weight loss—all with the skill of trained hands, powered by Herbelia's Chalk Therapy. This treatment boosts circulation, enhances lymphatic drainage, and maximizes cosmetic absorption for visible, long-lasting results.

TARGETed RESULTS

- ✓ Drop a size when completing the full package
- ✓ Boost circulation & lymphatic drainage
- ✓ Reduce fluid retention, cellulite & enhance detoxification
- ✓ Firm your skin & maximize body sculpting

What to Expect:

- 6 to 12 sessions, tailored to your needs
- Session 1: Full body exfoliation scrub & client evaluation, 75 mins.
- Session 2: Full body lymphatic drainage one week later, 60 mins.
- Sessions 3-6: Lymphatic massage with peeling & targeted body mask, weekly.

90 minutes | €95 for one session

6 x 90 minutes | €400 for a pack of 6 treatments



Brows

Eyebrow Threading Tidy Up	€ 10
Eyebrow Mapping & Threading	€ 25
Eyebrow Mapping, Threading & Brow Tint	€ 38
Eyebrow Mapping, Threading & Rose Mask	€ 30
Eyebrow Mapping, Threading, Lamination & Tint	€ 80
Eyebrow Mapping, Threading, Lamination, Tint and Brow Pinching Massage	€ 60
Brow Lamination	€ 45
Brow Lamination incl. Threading	€ 55
Eyebrow Tint	€ 18
Hydrating Rose Brow & Eye Mask	€ 10
Soothing & Rejuvenation Brow Pinching Massage	€ 20

Lashes

Signature Lash Root Lift / Curl (without tint)	€ 45
Signature Lash Root Lift / Curl (including tint)	€ 50
Eyelash Tint	€ 20
Eyelash & Eyebrow Tint	€ 35

Threading

Upper Lip	€ 14
Upper Lip & Eyebrows Combo	€ 22
Wholeface Threading	€ 35
Wholeface Threading incl. Eyebrows	€ 45
Chin Threading	€ 13
Forehead Threading	€ 13
Side Threading	€ 13
Neck Threading	€ 13
Two area Threading	€ 22

Loyalty Bundles

Loyalty Brow - Bundle of 3 Tidy Up	€ 25
Loyalty Brow - Bundle of 5 Tidy Up	€ 40
Loyalty Brow Tint - Bundle of 3	€ 50
Loyalty Brow Tint - Bundle of 5	€ 75
Signature Lash Root Lift / Curl incl. Tint - Bundle of 3	€ 125



FINISHING TOUCHES

Complete your look with expert finishing treatments—from professional makeup and airbrush tanning to teeth whitening—designed to enhance your natural beauty, for special occasions or self-care.

Airbrush Spray Tan by AzureTan

Airbrush Spray Tan, 1 Session	€ 40
Airbrush Spray Tan, Bundle of 3	€ 100

Teeth Whitening

UV Non-sensitivity Whitening, 1 session	€ 60
UV Non-sensitivity Whitening, Bundle of 3	€ 150

Make Up

Natural Finish Professional Make Up Application	€ 45
Evening Professional Make Up Application	€ 50
Bridal Professional Make Up Application	€ 65



NAIL
IMPRESS
By Toyah

Hands

	Junior	Master	Toyah
Full Set Short	€ 50	€ 55	€ 62
Full Set Medium	€ 55	€ 60	€ 67
Full Set Long	€ 60	€ 65	€ 72
Infills	€ 30	€ 33	€ 40
+4 Weeks Infills	€ 35	€ 38	€ 45
Infills From Another Salon	€ 35	€ 38	€ 45
Thin Gelish	€ 20	€ 23	€ 30
Thick Gelish	€ 25	€ 28	€ 35

Nail Art

Simple Design	€ 0.50 per nail.
Two in One Design	€ 1 per nail.
Complicated Design	€ 2 per nail.
Small Rhinestone	€ 0.25 per crystal.
Medium Rhinestone	€ 0.50 per crystal.
Large Rhinestone	€ 1 per crystal.

Feet

Gelish on Toes	€ 20
Nail Polish on Toes	€ 14
Nail Reconstruction	€ 2
Pedicure Removal of Hard Skin	€ 35
Pedicure Removal of Hard Skin with Gelish Toes	€ 50
Pedicure Removal of Hard Skin with Nail Polish	€ 44

Extras

Removal of Gelish	€ 10
Removal of Extensions	€ 15
Gelish Repair	€ 1
Extension Repair	€ 2
Colour Change	€ 15
Dry Manicure	€ 120
Wet Manicure	€ 30
IBX nail Stenghten & Repair Treatment	€ 7

Waxing

Waxing Eyebrows	€ 8
Waxing Upper Lip	€ 5
Waxing Eyebrows & Upper Lip	€ 13
Waxing Cheeks / Sideburns	€ 5
Waxing Chin	€ 5
Waxing Half Arm	€ 15
Waxing Full Arm	€ 25
Waxing Under Arms	€ 10
Waxing Bikini Line	€ 10
Waxing Half Leg	€ 15
Waxing Full Leg	€ 27
Waxing Brazilian	€ 27
Waxing Full Leg & Bikini	€ 35
Waxing Full Leg & Brazilian	€ 50
Waxing Full Back	€ 25
Waxing Chest or Abdomen	€ 15
Waxing Chest and Abdomen	€ 30

WAXING SKIN
SMOOTHING
SERVICES



BRIDAL. BRIDAL PARTIES & EVENTS



Amis offers a full range of beauty, wellness, and styling services by expert therapists, stylists, and artists in a prestigious Valletta location. For added comfort, select treatments can be enjoyed in your location of choice. Celebrate special occasions with our wedding party packages, complete with local platters and sparkling wine.

For The Bride

Bridal Hair Upstyle	€ 55	90 mins
<i>Hair washed and blow dried the day before</i>		
Bridal Make-Up	€ 65	90 mins

For The Bridal Party & Guests

Guest Blow Dry (short/mid/long)	€ 18 / € 22 / € 25
Guest Half Up-style	€ 20 + Blowdry
Guest Full Up-style	€ 30 + Blowdry
Guest Make Up Natural	€ 45
Guest Make Up Evening	€ 50

Location & Other Charges

Location charge per therapist / stylist; within normal working hours. € 70

Location charge per therapist / stylist; outside normal working hours / public holiday / Sunday € 100

Gourmet nibbles platter including glass of € 25 sparkling wine. Price per person.





AMIS GIFT PACKAGES

Treat someone special or yourself to our signature gift packages at AMIS City Spa, Hair & Beauty—the ultimate experience in wellness and refinement.

AMIS Repair & Recharges

Rebalance body and skin with our ultimate wellness duo; a 60-minute Deep Tissue Massage to melt away tension, followed by a 60-minute Deep Cleansing Facial to leave your complexion refreshed and glowing. The perfect head-to-toe reset.

2 hours | €120

AMIS Revitalise & Reset

Indulge in the ultimate self-care ritual; a 60-minute Deep Cleansing Facial to refresh and rejuvenate, paired with a 30-minute Back, Neck & Shoulder Massage to release built-up tension. Finish with a professional Blow Dry, leaving you looking radiant and feeling revitalised from head to toe.

2 hours | €100

AMIS Head-to-Toe Deluxe Package

Immerse yourself in three hours of complete rejuvenation with this all-encompassing spa journey. Begin with an Aromatherapy Relaxing or Deep Tissue Massage and an AMIS Botanical Personalised Facial to release tension and restore natural glow. Continue with a Rejuvenating Hands & Feet Spa Treatment for perfectly nourished skin. Conclude your experience with a Smart Detox Hair & Scalp Treatment followed by a blow dry or classic haircut, leaving you refreshed, radiant, and perfectly polished from head to toe.

3 hours | €180

AMIS Gentleman's Grooming Ritual

A complete head-to-toe experience designed for the modern man. Begin with a Back, Neck & Shoulder Stress Relief Massage and Back Cleansing Treatment to ease tension and purify the skin. Continue with a Personalised Deep Cleansing Facial, tailored to refresh and revitalise your complexion. Conclude with a Smart Detox Hair & Scalp Treatment to deeply cleanse, boost root volume, and encourage healthy hair growth.

2 hours 30 mins | €130

AMIS Treat & Taste

Indulge in the ultimate city escape with a 60-minute full body massage at AMIS Spa, followed by a delightful two-course meal at ONE80 Valletta. A perfect blend of relaxation and flavour — unwind, rejuvenate, and savour every moment.

1 hour + | €100

Packages Add-On Optional Service

Platter & Prosecco | €25





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